



THE READING ACADEMY

2023

PLANNER

A LITTLE PROGRESS
EACH DAY ADDS UP
TO BIG RESULTS

NAME

SET YOUR GOALS





DAILY PERSONAL PLANNER

DATE: _____

S M T W T F S

TODAY'S SCHEDULE

06:00 _____
07:00 _____
08:00 _____
09:00 _____
10:00 _____
11:00 _____
12:00 _____
13:00 _____
14:00 _____
15:00 _____
16:00 _____
17:00 _____
18:00 _____
19:00 _____
20:00 _____
21:00 _____
22:00 _____
23:00 _____

PRIORITY OF THE DAY

● _____
● _____
● _____
● _____
● _____

WATER INTAKE

👉 👉 👉 👉 👉 👉 👉 👉 👉 👉
1L 2L 3L

TO CALL / TO EMAIL

● _____
● _____
● _____
● _____

LUNCH PLAN

● _____
● _____

DINNER PLAN

● _____
● _____

I'M GRATEFUL FOR

● TO START OK DELAY STUCK CANCEL



GRATITUDE JOURNAL

DATE: _____

S M T W T F S

TODAY I'M GRATEFUL FOR

- _____
- _____
- _____

WATER INTAKE

  
1L 2L 3L

WEATHER



NOTES / REMINDERS

TODAY'S AFFIRMATION

- _____
- _____
- _____
- _____

SOMETHING I'M PROUD OF

- _____
- _____
- _____
- _____

TOMORROW I LOOK FORWARD TO

- _____
- _____
- _____
- _____